



## **COVID-19 Reporting Guidance for CG members:**

1. If you test positive for COVID-19 within 14 days of attending Community Group, please let your CG leaders know so they can alert the others in the group to take appropriate precautionary measures<sup>1</sup>. They can notify the group on a no names basis, or share your name for prayer if you prefer. Please also let them and our [Downtown staff](#) know if we can be of any support to you.
  
2. If you have received a COVID-19 positive result and you are:
  - a. Showing No Symptoms - please wait 10 days from your positive test result before attending CG
  - b. Symptomatic (cough, sneezing, runny nose, nasal congestion, fever) - please wait to join until:
    - 10 days have passed since onset of your symptoms, AND
    - at least 24 hours from when all symptoms have resolved without the use of fever-reducing meds.
  
3. If you have had close contact (more than 15 minutes cumulative in a 24 hour period) with a person who is COVID-19 positive<sup>2</sup> and are:
  - a. Showing No Symptoms - please wait to join your CG until after receiving a negative [covid test](#) result and mask when you meet in person for at least 14 days from date of exposure.
  - b. Symptomatic - please wait to join until after receiving a negative [covid test](#) result and
    - 10 days have passed since onset of your symptoms, AND
    - at least 24 hours from when all symptoms have resolved without the use of fever- reducing meds.

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<sup>1</sup> "Tell your [close contacts](#) that they may have been exposed to COVID-19. An infected person can spread COVID-19 starting 48 hours (or 2 days) before the person has any symptoms or tests positive. By letting your close contacts know they may have been exposed to COVID-19, you are helping to protect everyone." - [C.D.C.](#), *updated Sept. 13, 2021*

<sup>2</sup> "Quarantine if you have been in close contact (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19, unless you have been fully vaccinated. People who are fully vaccinated do NOT need to quarantine after contact with someone who had COVID-19 unless they have [symptoms](#). However, [fully vaccinated people should get tested](#) 3-5 days after their exposure, even if they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative." - [C.D.C.](#), *updated Sept. 18, 2021*

*Sources:*

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>